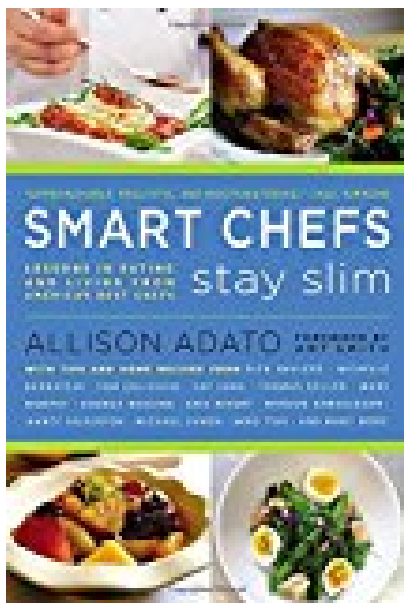


Smart Chefs Stay Slim Lessons in Eating and Living From Americas Best Chefs



BOOK DETAILS

- Author : Allison Adato
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BOOK SYNOPSIS

Celebrity chefs including Michelle Bernstein, Eric Ripert, Tom Colicchio, and Giada de Laurentis provide answers to the often-asked question of how they stay so thin and fit when their occupation is based on their love of indulging in food.

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