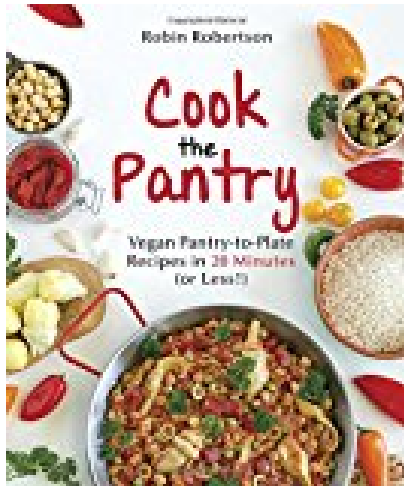


Cook the Pantry Vegan Pantry-t-Plate Recipes in 20 Minutes or Less!



BOOK DETAILS

- Author : Robin Robertson
- Pages : 184 Pages
- Publisher : Vegan Heritage Press, LLC
- Language : English
- ISBN : 1941252184

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BOOK SYNOPSIS

Eating vegan has never been easier...or faster. Make satisfying plant-based meals using ingredients from your pantry. Whether you don't feel like cooking or just don't have the time to cook, you can prepare delicious and nutritious meals in 20 minutes or less. These easy and economical recipes were developed by renowned chef and cookbook author Robin Robertson. In just minutes, you can prepare recipes such as: Artichoke Muffaletta PoBoys Giardiniera Mac and Cheese Tuscan Chickpea Frittata Cheesburger Pizza Jerk Tempeh with Coconut Quinoa Create tempting desserts, too, such as Easy Chocolate Pie, Coconut Lime Drops, No-Bake Oatmeal Cookies, and Pecan Pie Balls. This must-have cookbook provides simple instructions to get you in and out of the kitchen in no time using healthy plant-based ingredients. Robin shows you how to create a well-stocked pantry so you always have the makings of a delicious home-cooked meal. She also shares her time-saving tips to make these easy recipes for weeknight dinners, lunches on the go, or to feed unexpected guests.

COOK THE PANTRY VEGAN PANTRY-TO-PLATE RECIPES IN 20 MINUTES

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